

Understanding Porosity

Does your client need to do a porosity test?

Monat products are fairly neutral in this area because of our amazing liquid gold... it works for all porosities- THIS IS GREAT NEWS.

- If your VIP is experiencing feelings of sliminess or the exact opposite extreme dryness, it may be time to do a porosity test.
- Ethnic, natural hair often needs more attention in this area because what appears on the surface is not what the hair actually needs. Ask your VIP; if she has ethnic hair she will know what method(s) work for her.
 - High porosity uses the LOC method : liquid, oil, cream
 - Low porosity uses the LCO method: liquid, cream, oil

How do I check hair porosity?

Hair Porosity Test

Drop dry clean hair strands of your hair into a cup of water. Let them sit for 2-4 minutes.



Low Porosity (Hair Floats)
People with this porosity type need heat (e.g. steam) to open up their cuticles and allow moisture to penetrate their hair. They tend to be susceptible to product build up.



Medium Porosity
This hair type retains moisture well and low maintenance. Stay away from heat or chemicals that will change this porosity.



High Porosity (Hair Sinks)
This porosity type's cuticles are wide, so it tends to let too much moisture in—which causes frizz. It's recommended to wash with cold water. Heavy products will weigh down this porosity type.

Rizos Curls

The Guide To Learning Your Porosity

Read more at NaturallyMadisen.com

Characteristics	Porosity
Your hair takes a while to get saturated Water beads on top of your hair Products may sit on top of your hair Your styles take a long time to dry	LOW POROSITY HAIR Low porosity hair has tightly sealed cuticles which makes it difficult for water to enter the hair shaft. However, once the moisture is in, it can be retained.
Hair may tend to look dry and also tangles easily Your hair gets saturated quickly Your styles tend to dry faster May be difficult to retain moisture	HIGH POROSITY HAIR High porosity hair has cuticles that are wide open which means water can be absorbed quickly, however, it can lose that moisture just as fast.
Your hair easily absorbs moisture and retains it Hair holds styles well with volume and shine Curls have great elasticity and bounce	NORMAL POROSITY HAIR Normal porosity has cuticles that are raised just enough to readily absorb moisture and retain it. This porosity tends to hold moisture and shine better.